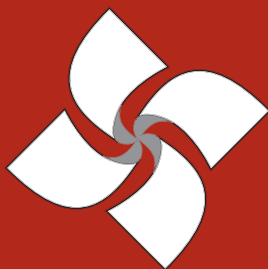


THE NATIONAL CERTIFIED COUNSELOR



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Winter 2003

National Board for Certified Counselors

NEW YORK LICENSURE PASSES: 46 STATES NOW HAVE COUNSELOR LICENSURE

On December 10, 2002, Governor George E. Pataki of New York signed a bill that creates counselor licensure in the state of New York. Congratulations to all the counselors who worked so long and hard to make that day happen. The next step will be for the governor to appoint a board to oversee the process of establishing rules, regulations, and procedures. It may be as late as 2005 before applications actually become available. Until that time, watch for new developments on the Web site of the New York Mental Health Counselors Association at www.nymhca.org.

New York joins forty-five other states along with Guam, Puerto Rico, and the District of Columbia in offering licensure to professional counselors. The only states currently without counselor licensure are Minnesota, California, Nevada, and Hawaii. We wish the counselors in those states all the best in their efforts to pass licensure bills in the near future. □

NBCC PRESENT AT BIRTH OF THE AFRICAN ASSOCIATION OF GUIDANCE AND COUNSELLING

NBCC Past Chair Dr. Dorothy Jeffries Anderson and NBCC Executive Director Dr. Thomas W. Clawson traveled to Kenya in April to attend a joint meeting of the International Association for Counselling and the United Nations Educational Scientific and Cultural Organization (IAC/UNESCO). They met with representatives from thirty sub-Saharan African and five non-African countries for a three-day period. Counseling is becoming increasingly important in Africa, due to the millions of Africans affected by HIV/AIDS and the ongoing food shortage on the African continent.

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NBCC SPONSORS INTERNATIONAL STUDENT RETREAT AT ACES

Globalization of the counseling profession was the focus of the International Student Retreat held at the October ACES conference in Park City, Utah. NBCC Board members, NBCC executive staff, and NBCC doctoral interns Daniel Paredes and Wendy Schweiger joined eleven NBCC/ACES Graduate Student Fellows from Kenya, South Africa, India, Japan, Lebanon, Taiwan, and Turkey to discuss this important issue.

NBCC representatives stated that NBCC's goals for the training included global unification of the counseling profession, mutual learning, and long-lasting relationships between NBCC/ACES and the international fellows. NBCC staff also stressed the need to explore culturally sensitive ways that NBCC can be of assistance to nations developing a counseling profession. NBCC believes that making counseling more important internationally will, in turn, make it more important inside the U.S., and that this will benefit all NCCs.

The students identified barriers to globalization: the stigma against counseling, absence of cultural understanding, poor economic and political stability, and lack of financial and human resources. They also offered ideas for promoting the counseling profession around the world, such as recruiting people from within a country to make contact with governing bodies rather than leaving that task to outside resources, and introducing counseling in a new country by focusing on vocational and career counseling.

NBCC plans to expand the NBCC/ACES International Fellows program to keep globalization as a focus of our profession as it grows and changes in the coming decades. □

AFRICAN ASSOCIATION FOR GUIDANCE AND COUNSELLING FORMED

From Page I

During this important meeting, the African Association for Guidance and Counselling (AAGC) was formed. NBCC representatives Jeffries Anderson and Clawson were invited to be part of the AAGC bylaws writing committee. The NBCC Board of Directors later contributed \$300 in startup funding to AAGC. Contributions will also be made to UNESCO for the Center for Guidance, Counseling and Youth Development in Malawi. Through this collaboration with UNESCO, NBCC will continue to explore global standards for the counseling profession.

Please see the back page of this newsletter for more information on how you can help. □

RECERTIFICATION NEWS

RECERTIFICATION REGULATIONS ON THE WEB SITE

Have you lost your NBCC Continuing Education Folder, or perhaps you don't even recall getting one when you became certified? Not to worry. Now you can find all the information you need regarding the rules and regulations covering renewal of your NBCC credential(s) on the NBCC Web site at www.nbcc.org, under Recertification. To order a folder, e-mail nbcc@nbcc.org and put "CE folder" in the subject line. Make sure to include your certificate number and current address.

MYNBCC: YOUR TOOL TO KEEP CURRENT

Every year too many NCCs do not recertify due to the fact that they have moved and not given us their new address. Check your file on your own computer by visiting MyNBCC on the NBCC Web site at www.nbcc.org. On the lower left of our homepage you will find the button for MyNBCC, where you can enter your own record to check your addresses, status, and fees owed. You can make corrections to your address and phone numbers so we do not lose touch with you. You will need your NBCC certificate number, which doubles as your ID number. You will also need your password. We sent everyone passwords on postcards about a year ago. If you do not have your password, you can go to MyNBCC and request your password be e-mailed to you. □



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WHAT DO YOU DO?

SEPTEMBER 11TH: TWO NCCS AT THE PENTAGON

NCCs Charles E. Woods and Linda R. Herbert are both lieutenant colonels in the armed services. Both were stationed at the Pentagon on September 11, 2001, and both, thankfully, lived to tell their stories.

As chief of crisis intervention for the Air Force, Lt. Col. Charles Woods, NCC, is responsible for responding to all disasters including plane crashes, earthquakes, and other traumatic events. He was at home on September 11th enjoying a rare day off after a training mission. While watching the events unfold on television, his beeper, cell phone, and home phone all went off at the same time. He worked solid for the next thirty-one days without a break. Charles heads a team of forty people, all from different service areas, whom he has trained in trauma response—what he calls “Stealth Counseling.”

Charles describes Stealth Counseling as working up from the bottom of Maslow’s hierarchy, seeing to the basic needs first such as physical safety, food, water, and rest. Then the counselor puts the client in touch with family and loved ones, most often by cell phone. Only then does the counselor try to get the client to begin talking. Charles also includes Massage Therapy and Pet Assisted Therapy as two important and effective tools in trauma response. Charles and his team care mostly for the “first responders”—firefighters, search and rescue, and security. When the attack occurred, he cared for many families. He also cared for many family members at the Family Assistance Center set up at the local Sheraton. One hundred-ninety Pentagon employees were killed that day, and 117 bodies were found. Many people are still recovering and will be for a long time. After a year Charles was transferred out of the Pentagon to head up a training school for his brand of trauma counseling. He misses the front line action but is getting a bit more rest these days.

Lt. Col. Linda Herbert, NCC, is assigned to the Department of the Army General Staff, Deputy Chief of Staff for Personnel, and was close to the explosions when the plane hit the Pentagon building. “As an active duty military officer and a National Certified Counselor,” Linda writes, “I was greatly impacted by the tragic events of the day. Coming so close to death myself gave me an insider’s view into the emotional trauma experienced by those who faced death and those who had to bear the grief, despair, and sadness that accompanies the loss of a loved one or colleague.

“As I counseled victims and family members who were impacted by this event, I found that the ability to empathize and understand the hidden emotional trauma was tremendously increased because of my own experience. I felt I had new ability to help my clients search out their true feelings and more accurately recognize those needing further work.” Linda has written a book about her experience, *The Pentagon Miracle: An Eyewitness Account*. It is available at www.pentagonmiracle.com.

We are proud that NCCs have been at the center of one of the greatest counseling efforts in the history of our profession, at a time of such urgent national need. Thank you, Charles and Linda, for your dedication and hard work and for sharing your stories with us. ■

GEORGIA SCHOOL COUNSELORS MAY USE NCSC FOR RENEWAL

School counselors in Georgia can now renew their Georgia state certification by showing proof that they hold current national certification as a National Certified School Counselor. This regulation states: “Submission of a valid National Certified School Counselor (NCSC) credential will renew the professional certificate.” NBCC is pleased that the State of Georgia has recognized NBCC and the NCSC credential in this manner, and we hope that other states will enact similar legislation. NBCC’s recertification and continuing education policies gave Georgia impetus for using the NCSC credential.

Applications for the NCSC credential are available on the NBCC Web site at www.nbcc.org under Applicants. If you are currently an NCC, you may apply now for the NCSC credential. Counselors applying after January 1, 2004 will be required to meet new standards, which will include the NCSC examination.

If you are not an NCC yet, you may apply using the combination NCC/NCSC application on the same Web site. If you need an application but are unable to print it off the Web site, please fax NBCC at 336-547-0017 and request an application. You will need to include a credit card payment of \$10. Make sure to include the card number, expiration date, and your signature. ■

NCCs OF NOTE

Tracy Anderson, NCC, LPC, of Laramie, WY, received the Wyoming Counseling Association's Richard Means Service Award at its annual meeting in October. This award focuses on accomplishments at the K–12 level. Anderson earned her M.S. Ed. in Counselor Education at the University of Wyoming. Although her original focus was in community counseling, Anderson cross-trained in school counseling. She developed, implemented, and continually evaluates her comprehensive school counseling program with classroom guidance, small group work, and individual sessions as the first professional school counselor that Indian Paintbrush Elementary School in Laramie has ever had. She is noted for her rapport with her students and their families. Anderson is a past president of WCA.

Stacey Brown, NCC, LMHC, of Fort Meyers, FL, has co-founded a nonprofit counseling service called Children's Mental Health Services (CMHS). Primarily funded by grants from the Southwest Florida Community Foundation and the Fouylds Foundation, CMHS seeks to serve a previously underserved population of young people who do not qualify for county mental health services or who are referred from local school counselors. Clients are charged on a sliding scale, and the center only takes referrals from local pediatricians, school counselors, or other health care providers. The center was recently featured in the *Fort Meyers News-Press*. Those who wish to refer a client or who wish to help may call 941-275-3900.

Deborah F. Dukes, NCC, NCAC II, SCCAC II, LPC, of Aiken, SC, received the 2002 Counselor of the Year Award from the SC Association for Alcoholism and Drug Abuse Counseling, presented at the Annual Awards Luncheon and Conference for Excellence in Addictions Treatment and Volunteerism. Dukes has worked in the field of behavioral health for twenty-five years. She is described as exemplifying the highest standards of integrity and professionalism in the fields of both addiction and mental health counseling. Currently Dukes is the Child, Adolescent, and Family Services Director at Aiken-Barnwell Mental Health Center in Aiken.

Dr. Michael Loos, NCC, LPC, LAT, of Laramie, WY, assistant professor of counselor education at the University of Wyoming, Laramie, is the advisor for Chi Sigma Iota, an honor society for counselors at UW. He is instrumental in organizing a regional addiction conference. In addition, he hosts an annual charity golf tournament. For these accomplishments, Loos received the J.R. MacNeel Award from the Wyoming Counseling Association at its annual meeting in October. MacNeel was the first Counselor Education Department head at UW. Loos earned his Ph.D. in Counselor Education from the University of Arkansas.

Alfred L. (Fred) Richards, NCC, LPC, LMFT, of Carrollton, GA, was recently selected as the Grand Marshall of the Carrollton July 4th Independence Day Parade. This

honor was a direct result of his being the 2002 recipient of the Mankind Award given by the SERTOMA clubs of Carroll County, Bowden, Carrollton Evening, United Haralson County, and Villa Rica. In addition, Richards and his wife, Dr. Anne Richards, were honored in May with the Dora Byron Citizenship Award by the Carrollton County League of Women Voters for their "contributions and leadership in education and in service to people of all ages in the community."

Garth Shanklin, NCC, MAC, LPC, LA, of Casper, WY, psychology and addictionology instructor at Casper College, was recognized by the Wyoming Counseling Association (WCA) at its annual meeting in October. He was presented the F.L. Sievers Human Service Award for his contributions to the field of human services.

Shanklin has served on the Wyoming Mental Health Professions Licensing Board since its inception, almost twelve years ago. In addition, he developed the associate degree in addictionology at Casper College. Shanklin is a past president of WCA. He earned an M.S. Ed. in Counselor Education at the University of Wyoming and an M.S. at Colorado State University.



Garth Shanklin

VOLUNTARY AUDITS

The following NCCs have passed the NBCC® Voluntary Audit for special recognition in continuing education. While 100 hours of continuing education are required for recertification, these NCCs have completed and documented more than 130 hours in the five-year certification period. They have received a special certificate citing this achievement and are to be congratulated for their dedication to excellence. NBCC salutes them!

Kenneth C. Baron, Basking Ridge, NJ
Stacey Chadwick Brown,
 Ft. Meyers, FL

Gail S. Cracker, South Bend, IN

Cynthia Daley, Phoenix, AZ

Robert J. Durfey, Bayside, NY

Lawrence W. Emery, Jr.,
 Williamsport, PA

Michael Thomas Greeliss, Reston, VA

Delilah G. Hardin, Columbus, GA

George D. Hey, Huntsville, AL

Mona Elizabeth Khaled, Kalamazoo, MI

Linda Kay Mayhue, Tyrone, PA

Connie E. Miller, Spring Lake
 Heights, NJ

Eleanor Ann Osborn, Birmingham, MI

Joanne M. Seymour, Waterbury, CT

Maria Ann Simmons, Newton, NC

Caroline Teal, Port Townsend, WA

John Peter Viterito, Monmouth
 Junction, NJ

Dawn M. Weber, Cumberland, ME

Marjorie C. White, Camden, DE

Cynthia A. Witman, Walla Walla, WA

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SPOTLIGHT ON NBCC AFFILIATES

Research & Assessment Corporation for Counseling (RACC)

RACC Board Meets

The RACC Board met September 21, 2002, at the headquarters building in Greensboro, NC. The board reviewed six grant proposals submitted by counselor researchers. Additionally, the RACC and NBCC Boards have since passed motions for obtaining NCC ground mail and e-mail addresses for research purposes. A set of guidelines for researchers requesting addresses from NBCC may be viewed on the RACC Web site at www.racc-research.org. Requests should be made in writing to Shawn O'Brien, NBCC/RACC Director of Assessment and Research. Only requests made for documented research purposes will be considered. All requests will be individually reviewed.

RACC Proposes Research on Career Services in Japan

In light of increased downsizing in Japanese corporations, less job security for reemployed workers, and the end of the paternal relationship between worker and organization in Japan, a rise in use of career services by Japanese workers is anticipated. In response to this anticipated increase, RACC has proposed to study many aspects of career services in Japan, including factors influencing career transitions, current use of career services, methods by which workers find and utilize career services, the level of demand for career services among employed adults, and other related questions. The proposed research seeks funding for studies to be conducted over a three- to four-year period. The completion of this investigation will be a collaborative effort between Japanese and American researchers.

Center for Credentialing & Education (CCE)

ACS and GCDF See Increase in Applications

As many of you know, CCE offers two increasingly popular credentials. The Approved Clinical Supervisor (ACS) credential was created by NBCC and ACES. It attests to the educational background, knowledge, skills, and competencies of the approved supervisor. Nearly 400 individuals have received the ACS, and the application rate is increasing.

The Global Career Development Facilitator (GCDF) was established to recognize the training and background of those working in career development fields, and to establish minimum competency areas. Nearly 3,000 individuals have received the GCDF, and the international interest continues to expand. Country-specific GCDF credentials are already offered in Japan and New Zealand.

If you would like to learn more about how these credentials might benefit you, please visit CCE's Web site at www.cce-global.org. □

CE PROVIDER NEWS

HAVE YOU SENT YOUR RENEWAL FOR 2002?

For those providers who have not yet renewed, time is running out. First notices went out in April, second notices followed in July, and we called everyone who had not renewed in November. If your organization has not contacted NBCC, then your approval is now inactive. There is a fee of \$50 in addition to the \$100 annual fee to reactivate at this point. After April 2003, your organization may be required to reapply requiring a fee of \$400. Providers choosing not to maintain approval in 2002 will be printed in the spring 2003 newsletter.

PROVIDER PUSHES FOR RECOGNITION OF TOBACCO ADDICTION

NBCC Approved Provider Rand Kannenberg of Criminal Justice Addiction Services in Colorado recently sent a proposal to the Colorado Department of Regulatory Agencies requesting that it include tobacco addiction in several laws defining addictions and addictions services. Citing statistics on the health problems of smokers and the low rate of success in smoking cessation, Kannenberg said he was compelled to send the proposal so that the professional services offered to people addicted to tobacco would reflect these

realities and not the current level of denial existing in treatment programs nationwide. The proposal is under review by the state, but no immediate changes in state regulations are anticipated. □

SOUTH FLORIDA NCCS ASSIST IN COUNSELOR TRAINING

The Beta Upsilon Chapter of Chi Sigma Iota Counseling Honor Society and the Counseling Department at Barry University in Miami Shores, FL, have contacted all NCCs in the surrounding area to enlist their help in a segment of their training, according to Dr. Scott Gillig, of Barry University. NCCs were asked to give counseling to the Barry graduate counseling students at either a reduced rate or pro bono.

NCCs responded and made it possible for counseling students to secure affordable counseling so that they can learn to avoid blind spots that may interfere with assisting clients. The project also raises awareness among graduate students about the NCC credential. Since the Barry program is CACREP accredited, the NCC will be the first professional credential that these students are able to obtain upon graduation. This project helps them to connect the credential with the professional practice they observe through their contact with the NCCs in their community. Way to go, Scott Gillig of Barry University! □

CE PROVIDER UPDATE

NEWLY APPROVED PROVIDERS

Note: Providers not renewing approval will be printed in the spring 2003 newsletter.

Alabama Therapy Associates,
Birmingham, AL, #6074

American International College,
Springfield, MA, #4490

**American Society for Group
Psychotherapy and Psychodrama,**
Princeton, NJ, #6079

Andrew M. Leeds, Santa Rosa, CA,
#6093

Baptist Health Systems, Jackson, MS,
#6077

**Breining Institute—College for the
Advanced Study of Addictive
Disorders,** Orangevale, CA, #6078

**Career Council, Inc./Hispanic College
Fairs, Inc.,** Belle Harbor, NY, #6090

Career Counselor's Consortium,
Newton Highland, MA, #6088

**Continuing Education Productions,
Inc.,** Gulfport, MS, #6075

**Continuing Psychology Education
(CPE),** San Diego, CA, #6084

**Family Care for Children and Youth,
Inc.,** Lewisburg, PA, #6089

Fireside Forensic Services, Olympia,
WA, #6087

LifeQuest Institute, Inc., Central, SC,
#6083

McLean Hospital, Department of
Postgraduate & Continuing Education,
Belmont, MA, #6085

**Montgomery County Department of
Health and Human Services,**
Rockville, MD, #6080

**Pennsylvania CASSP Training and
Technical Assistance Institute,**
Harrisburg, PA, #6076

**Rosalynn Carter Institute for Human
Development,** Americus, GA, #6081

**St. Dominic-Jackson Memorial
Hospital,** Jackson, MS, #6067

sourceus.com, Inc., Roswell, GA, #6071

HOME STUDY PROGRAMS

For complete information on home study programs, you must directly contact the NBCC Approved Providers who have been approved for home study programs. We are now maintaining a list of these providers on our Web site (on the Continuing Education page) and on the NBCC Fax Information Line (1-800-324-6222, request document #4001). Please take advantage of this convenient list to contact these providers and see what they have to offer.

NCC NETWORK

Rubin Battino, NCC, LPCC, of Yellow Springs, OH, has just had two books published. The first is *Meaning: A Play Based on the Life of Victor E. Frankl*, a biography of Frankl in play form and illustrated with photographs. The second book is *Metaphoria: Metaphor and Guided Metaphor for Psychic Healing*, a basic primer for the use of metaphor in a variety of circumstances. Both can be ordered from: www.crownhouse.co.uk. Rubin's other three books can also be ordered at the same site.

Michael T. Bell, NCC, of Manassas, VA, has written a new book, *You, Your Relationship & Your ADD: A Workbook*. Bell has a private practice in Manassas, specializing in the treatment of adults and children with ADHD. He draws from both personal and professional experience to develop the most useful interventions to help couples affected by ADD develop fulfilling relationships. The book is published by New Harbinger Publications.

Eileen Bernstein, NCC, LCPC, of Potomac, MD, has just published a book, *Middle School and the Age of Adjustment: A Guide for Parents*.

This book reveals middle school problems through real-life situations. There



Eileen Bernstein

are many suggestions for parents on how to provide boundaries and guidance to their children. Difficult topics such as peer pressure and sexual influences on children are also discussed, and there are charts and resources for parents to use. The book helps to ease the transition from elementary to middle school for students and their parents, as well as to alert parents to problems that they could actively solve. The book can be ordered at www.greenwood.com or www.amazon.com.

Phyllis-Terri Gold, NCC, of Fort Salonga, NY, recently published the second edition of her book *Saving Grace: A Spiritual Love Story*. "This unique book of inspirational fiction contains a romantic love story interwoven with Eleven Discourses on Life and Love, which are authentic psychospiritual truths," Gold says. The new edition begins with reader praises of the first edition. Gold just returned from a book tour promoting *Grace* and has been interviewed by the media throughout the U.S. and Canada. The book is available through www.amazon.com and from the author's Web site at www.joylight.com. Orders may also be made by phone, toll-free 877-289-2665.

Julie Smart, NCC, CRC, LPC, ABDA, CCFC, of Logan, UT, has recently completed a Spanish translation and field-testing of two widely used instruments, *The Acceptance of Disability Scale* and the *Client Satisfaction with Rehabili-*

tation Services Scale. Smart has been cited by the *Journal of Applied Rehabilitation Counseling* as the most prolific author on multicultural issues in rehabilitation/disability. She has also written a new textbook called *Disability, Society, and the Individual* published by Pro-Ed in Austin, TX. This book also discusses the definitions and models of disability, societal responses to people with disabilities, and the individual and family's response to a disability. The book is available through Pro-Ed at 800-897-3202. Smart received the 2001 Researcher of the Year Award from the National Council of Rehabilitation Education and serves on the editorial board for the Hatherleigh Company's *Directions in Rehabilitation Counseling*.

Thomas A. Stella, NCC, of Colorado Springs, CO, has completed a new book called *The God Instinct: Heeding Your Heart's Unrest*. The book is written "by a seeker for a seeker" and is for "those who say I'm not very religious but I'm spiritual." Stella has degrees in counseling and divinity and has incorporated both the spiritual and the practical in his book, which presents the idea that spiritual growth is "not a matter of going from question to answer but from question to question" reflecting the fact that life is a process of constant change. This book may be ordered from the publisher, Sorin Books, at 800-282-1865 or e-mail sorinbk@nd.edu at Notre Dame University.

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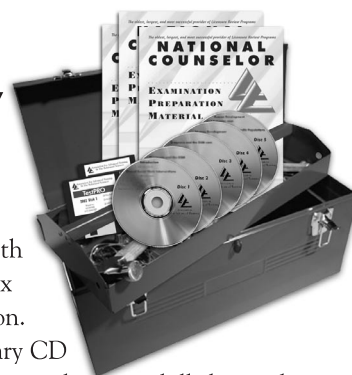
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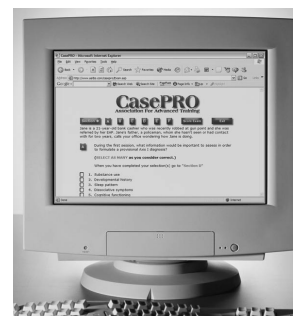
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